

## **Myers-Galloway Counseling Job Posting**

**Position Title:** Clinical Mental Health Intern (Temporary)

Posting Date: June 2023

**Location:** Hybrid (Virtual and In-person) based in Charlotte, NC

**Salary:** This is an unpaid internship

#### **About Us**

Myers-Galloway Counseling is a boutique psychotherapy firm that treats anxiety and depression in Black women who were forced to grow up too soon, also known as parentification. The mission of Myers-Galloway Counseling is to *Heal and develop Black women, so they can create resilient families*. We value teaching clients critical relationship skills and educating them about mental health.

Myers-Galloway Counseling is a place where personal growth is expected along with a commitment to the growth of others. Ideal candidates must genuinely care about the advancement of Black people (specifically women). Additionally, this person should be organized and should express a high level of discretion and confidentiality. Our workplace culture requires our team members to show up as their best - ethical, team oriented, prioritizing self-care and family needs, and treating one another with respect and kindness. Each person at Myers-Galloway Counseling is essential and contributes to the company's ability to serve our clients and the community. Learn more about Myers-Galloway Counseling by visiting <a href="https://www.myersgallowaycounseling.com/about-us">https://www.myersgallowaycounseling.com/about-us</a>.

### **About the Position**

We are looking for a Clinical Mental Health Intern to support the organization by providing excellent care to our clients. This position will perform supervised individual counseling and community outreach. Important aspects of the role include conducting mental health screenings, intakes, and providing appropriate referrals. May perform other related tasks that are a part of the company's operations. Individual clinical work is supervised by a licensed Clinical Mental Health Counselor. The intern will have the support of an administrative assistant for clerical and technology support as needed.

### REPORTING & RELATIONSHIPS

- This position reports to the owner of the company and does not have any direct reports
- This position maintains external relationships with the community and clients within the company



#### KNOWLEDGE, SKILLS, & ABILITIES

## **Clinical Knowledge & Administration**

- ♦ Knowledge and basic skills in counseling practices and methods.
- ♦ Ability to plan, implement, evaluate and report interventions conducted.
- ♦ Adheres to the ethical standards and codes of the profession and to the established rules, regulations, and laws.
- ♦ Conduct intake interviews and accurately complete clinical documentation in the EHR software system.
- Provide individual and group counseling to clients on a scheduled basis.
- Utilize mental health screening tools to aid in the facilitation of psychotherapy as needed.
- Participate in supervision and training promptly with an openness to learning and receiving feedback.

## **Communication Skills & Problem Solving**

- ♦ Ability to communicate orally, both in person and by video or telephone.
- Ability to communicate effectively in writing and to prepare electronic documents and marketing materials.
- Maintain strict confidentiality while providing direct therapy services to clients
- ♦ Engage in responsible dialogue regarding potential client issues. Be very curious and ask tough questions.
- Apply critical and analytical thinking to create innovative client solutions

# **Client & Community Relationships**

- Interact and consult with team members, clients, and community members in a professional and ethical manner.
- Practice empathy and listen intently to client needs in order to ensure the best chance for client success.
- ♦ Facilitate client success with various tools, resources, and support.

# **Personal Emotional Regulation & Self Awareness**

- The ideal candidate should have an enhanced level of self-awareness as to how they relate to others and have the ability to adjust this personal style as needed
- The ability to self regulate in stressful situations. For instance, assisting clients in crises without personal emotional reactivity. Be both consistent and flexible as circumstances warrant.
- Ability to effectively evaluate personal needs, client needs and the aims and policies of the company. Respond to and negotiate these competing needs as appropriate.
- Compassionately support client goals and troubleshoot any client crises

## **Presentation Skills**

Speak confidently in company meetings regarding unique trends and/or complicated cases

### **Tools & Technology**

- Track assigned cases accurately in the EHR software system.
- Manage a caseload by effectively implementing customer service activities such as follow up via email, text messages, and phone call communication.
- The candidate must be familiar with or willing to be trained on Google Workspace, Simple Practice EHR, Slack, Spruce, and Asana.





#### **About You**

This position is for you if you are known for being passionate about the mental health of Black women. You have a genuine desire to gain more knowledge of trauma and grief in order to help others. You would adjust to the company well because you understand the importance of integrating feedback from your supervisor and have a desire to continue mastering your clinical skills. You have a sense of the transformative power of psychotherapy.

### **EXPERIENCE & EDUCATION**

# **Minimum Required:**

- Master of Arts or Master of Education in Social Work, Psychology, or Counseling Development
- Must be located in Charlotte Metro/Mecklenburg County or surrounding areas
- ♦ Must be reliable, have exceptional attention to detail, and demonstrate a commitment to following through.
- Ability to read and interpret documents such as safety rules, operations manual, and written directions
- Ability to use cloud base technology and navigate multiple client management and project management systems.
- Drug test. Background and reference check.

#### Preferred:

- Previous experience working with BIPOC populations
- Comfortable with public speaking to groups

# **How to Apply**

If this sounds like you, we would love to hear from you! Visit our company website <a href="https://myersgallowaycounseling.com/internship-application">https://myersgallowaycounseling.com/internship-application</a> to apply. We kindly ask that applications be sent electronically only (via the company website)—no fax or mail applications please—and we request that you do not call by phone. All applicants will receive an automated email response confirming receipt of their application submission.